



BLACKTOWN PSSA ATHLETICS CHAMPIONSHIPS

The following information will help with your school organisation for the Zone Athletics Carnival.

When: Tuesday 3rd September 2019

Time: 8:15 am - 2:30pm

Please note: All 1500m and discus competitors are required to be at the ground at 8.30am for their events. You may need to arrange transport other than your bus for these children competing in early events.

Where: Blacktown International Sportspark
Eastern Rd, Rooty Hill.

Entries Due: No later than 3:00pm, 23rd August 2019
Under **NO CIRCUMSTANCES** will entries be permitted on the day. Any changes must be in writing before the carnival.

Entries: Instructions for meet manager entries (preferred) will be emailed.

E-mail Meet Manager data to: Robert Pugh
robert.pugh@det.nsw.edu.au

ENTRY INFORMATION

Age Groups:

100m:	8yr, 9yr, 10yr, 11yr, 12yr, 13yr
All other events:	Junior (8-10yrs), 11Yr, Senior (12-13yrs)
Relays:	Junior (8-10yrs), Senior (11-13yrs)
Multi Class:	Junior (8-10yrs), Senior (11-13yrs)

Track Events:

- 100 m – 3 entries
- 200 m – 2 entries
- 800 m – 2 entries Qualifying time: 4:00 mins
- 1500m - First 8 places from Cross Country for 10,11 ,12 yrs event + first 2 places from 8/9 yrs races to be invited to compete

Field Events: Maximum 2 entries per event

High Jump: entrants **must** meet the following qualifying heights.

Junior Boys: 1.05m	Junior Girls: 1.00m
11 Yr Boys: 1.15m	11 Yr Girls: 1.05m
Senior Boys: 1.15m	Senior Girls: 1.05m

Discus: Qualifying Distance: 15m (except MC entries)

Only the top 6 competitors will be invited to compete. Schools will be notified prior to the carnival if entrants were successful.

Shot Put: Top 2 qualifying distances.

**Invitational
Athletes:**

Must be confirmed with the carnival convener **BEFORE** the day.



BLACKTOWN PSSA ATHLETICS CHAMPIONSHIPS

GENERAL INFORMATION

- Transport:** You are to arrange your own bus booking. Please remember that you may need to arrange additional transport for the children in the 1500m as they need to start by 8.30am.
- Clothing:** All schools are encouraged to have their students dressed in school sports uniform, inclusive of school hats. Spikes are permitted for all events except for the 1500m and 800m. Children **DO NOT** wear spikes to the marshalling area – they should only put them on *in* the marshalling area. All competitors must wear shoes – no barefoot. Starting blocks are allowed for 100m, 200m and to begin relay events.
- Medications:** Any competitor that experiences breathing difficulties at sporting functions are encouraged to bring their appropriate medication with them, stating any special instructions for administering it. All medications should be left with the team manager. Puffers are allowed to be carried in a track event provided they are stored in a pocket or on the person. They are not allowed to be carried in the hand. Field event competitors may not carry the puffer however they may have it in close proximity to the event. A first aid officer will be present on the day in case of injuries.
- Program:** A carnival program will be emailed before the day. Please photocopy as needed for parents and officials.
- Entry Fees:** There will be an entry fee of \$3.50 per child for the carnival. This will cover ground and equipment hire, administration costs, and ribbons. Schools will be invoiced by Blacktown PSSA.
- Protests:** Please inform your parents coming to the carnival of the procedures for protests. **ONLY TEAM MANAGERS** should approach the recorders table to make a protest or enquiry.
Please Note: The recorders position is a very busy one and it would be appreciated if they are not disrupted during the day unless the matter is urgent.
- Facilities:** A canteen will operate on the day selling an array of hot food and drinks. Toilet facilities are available.

TEAM MANAGERS AND OFFICIALS

With only 12 schools in our PSSA Zone, it is imperative that **at least 2 officials** be provided per school as well as a **team manager**. The team manager must be a teacher and it would be preferable that the officials are also teachers or non-teaching school staff. If you can provide more than 2 suitable officials please do so.

Should you have any enquiries please do not hesitate to contact us.
Thank you for your co-operation.

Nicole Vlagic
Marayong Heights Public School
Phone: 02 9622 4776
nicole.vlagic@det.nsw.edu.au

Carly Ponting
Marayong South Public School
Phone: 02 9622 4776
carly.radford2@det.nsw.edu.au