

## **SPECIFIC RULES AND CONDITIONS**

1. a) Rules are in accordance with the I.A.A.F. Handbook.

### **2. ENTRY**

Each Zone/combination of Zones is entitled to enter the following specified number of competitors or teams in each event :

<b>100m</b>	-	3 per event
<b>200m</b>	-	2 per event
<b>800m</b>	-	2 per event
<b>Relays</b>	-	2 per event
<b>Jumps, Shot Put, Discus</b>	-	2 per event

Entries will only be received for events that were conducted at a Zone Carnival (ie if the Zone does not conduct an event they cannot send through entries for that event).

Additional entries may be considered where special circumstances occur. These circumstances must be stated when lodging entries.

Athletes must compete in their **Zone singlet**.

Substitutes may be allowed by the Carnival Manager (or his or her nominee) on the recommendation of the relevant team manager (who must be a teacher) prior to the commencement of the carnival on the official substitution form.

**Entries to be submitted electronically to the Association convener by, Friday, 29<sup>th</sup> August, 2014.**

### **3. LIMITATION OF EVENTS**

There will be no limitation to the number of events a competitor may enter, except those determined by age, as outlined in Rule 4, below.

### **4. SECTIONS**

A. **Categories:** In each event in the carnival there will be a boys category and a girls category.

B. **Age Groups:**

8 Years	11 Years
9 Years	12 Years
10 Years	13 Years

C. **Divisions:**

- i) Junior – All children aged 8,9 or 10 Years
- ii) 11 Year
- iii) Senior – All children aged 12 or 13 Years  
(Relays: 11/12/13 Years)
- iv) Open Age – All children aged 8 – 13 Years
- v) AWD – Jnr (8, 9, 10), Snr (11, 12, 13)

A competitor whose significant birthday occurs during the current year, is eligible for that age event only. No competitor shall enter in more than one division.

### **5. YEARS 2 STUDENTS**

Children who are in Years 2 but turn 8 Years of age during the current year, ARE eligible to compete in the Carnival.

### **6. FOOTWEAR/CLOTHING**

Spikes and starting blocks are permitted, **except** in an event (running) where specific lanes are not allocated (i.e. 800m).

**All Competitors must compete in their Zone singlet/shirt**

### **7. STATE ENTRY**

Finalists placed **FIRST, SECOND OR THIRD** shall qualify for the **N.S.W.P.S.S.A. Carnival**.

Additional entries **may** be considered, where special circumstances occur. These circumstances must be stated when lodging entries.

All such special entries must be submitted through the relevant Zone Association, and shall be fully discussed by the Association executive and/or Association Convener and recommendations made. Such recommendations shall be Final and, if such an entry is given favourable consideration, inclusion into the State Carnival then rests solely with the N.S.W.P.S.S.A. Athletic Management Committee.

## 8. METHOD OF STARTING

**For the 100m, 200m & 4 x 100m Relays** the method of starting shall be:-

“on your mark”

“set”

gun blast

After command (ii) the competitor shall remain stationary until the gun blast.

*Any athlete making a false start shall be warned. Any athlete(s) making further false starts in the race shall be disqualified from the race.*

**For the 800m** events the method of starting shall be-

“on your mark”

gun blast

## 9. FINALISTS

Finalists for track events will be determined in the following manner:

100 metres/200 metres and Relay – heat winners to gain automatic entry to the final and the remaining places to be taken from the fastest times of the other heat runners.

In 800 metres, the final placings will be decided on heat times.

For field events, the following will apply:-

Long Jump/Shot Put – top 8 competitors will have a further jumps/put (time permitting)

## 10. PLACEGETTERS

The first three placegetters in each final at the Association Athletics carnival shall be awarded a certificate at the conclusion of each event.

Special presentations will be made to the individual Champions (Junior Boy, Junior Girl, 11 Yrs Boy, 11 Yrs Girls, 12/13 Yrs Boy, 12/13 Yrs Girls) at Association Athletics Carnivals.

## 11. COACHING

Parents, coaches and unauthorised persons are not allowed on the enclosure. Once Competitors are in the hands of the officials controlling the event, they shall not receive any coaching or advice. Penalty – **disqualification**.

## 12. PROTESTS

The Referee shall be the sole arbiter in points under dispute.

Protests shall be dealt with by the Disputes Committee, consisting of the following:-

Referee

Relevant Track/Field Manager

Association Convener or his/her nominee

No protests shall be considered, unless lodged by the **Zone Team Manager** (who must be a teacher) with the Committee, **within 15 minutes** of the conclusion of the event in question.

## 13. RELAYS

Relays shall be run on a circular track (4 x 100 metres).

A team shall consist of 4 runners and a baton must be carried.

Lines shall be drawn 10 meters before each ‘take-over’ zone and the person receiving the baton may stand anywhere within the area, i.e., members of the relay team other than the first runner may commence running not more than 10 metres before the ‘take-over’ zone of 20 metres. The baton changes, however, must take place within the ‘take-over’ zone. The ‘take-over’ zone is 10 metres in front of 10 metres behind each starting point.

When a relay race is being run in lanes, a competitor may use a checkmark on the track within his/her own lane **providing such markers do not interfere with other runners**.

Relays are conducted in two sections for both boys and girls:-

13 – 12 – 11 Years – known as Senior.

10 – 9 – 8 Years – known as Junior.

In relay finals, teams may substitute one runner, who must be from the same school qualified in terms of Rule 4 above.

#### **14. FIELD EVENTS**

##### **Long Jump**

Each competitor shall have three qualifying jumps in rotation. The leading 8 qualifiers shall have one extra jump (time permitting)

In the event of a tie the result is determined by distance recorded by the second best performance of the competitors tying shall decide the tie. If the tie still remains, the third best, and so on.

##### **Shot Put/ Discus**

Each competitor shall have three puts. The leading 8 putters shall have one extra put (time permitting).

Placings shall then be decided, according to the best put or throw of each competitor.

Competitors shall use the equipment supplied by the Association.

Junior/11 Years - 2 kg shot

12/13 Years - 3 kg shot

Discus Junior – 500g

11 Years – 750g

12/13 Years – 750g

In the event of a tie the result is determined by distance recorded by the second best performance of the competitors tying. If the tie still remains, the third best, and so on.

##### **High Jump**

A competitor may commence jumping at any height previously announced by the Chief Judge and may jump at his/her own discretion at any subsequent height. Three consecutive failures, regardless of the height at which any such failures occur, disqualify from further jumping except in the case of a tie for first place.

Competitors shall have a maximum of two minutes when name is called to attempt a jump or request a pass otherwise a jump will be registered. This only applies when the competitor is present.

In the event of a tie, the best record on countback shall decide the place winners. This shall be:

The competitor with the lowest number of jumps at the height at which the tie occurs shall be awarded the higher place.

If the tie still remains, the competitor with the lowest total of failures throughout the competition up to and including the height last cleared shall be awarded the higher place.

If the tie still remains:

If it concerns the first place, the competitors tying shall have one more jump at the lowest height at which any of those involved in the tie failed, and if no decision is reached, the bar shall be lowered or raised to the heights previously announced by the Chief Judge of the event at the beginning of the competition. They shall then attempt one jump at each height until the tie is resolved.

Competitors so tying must jump on each occasion when resolving the tie.

b) If it concerns any other place, the competitors shall be awarded the same place in the competition.

#### **15. ORDER OF EVENTS**

The Carnival Manager or his or her nominee reserves the right to alter the program, should it be considered necessary.