



Blacktown PSSA Cross Country

2019 Entry Form

School:

Team Manager:

Carnival Official/s:

Please return completed entry form to:

Marc Messina (BWPS)

marc.messina1@det.nsw.edu.au

By Wednesday 22nd May 2019

8/9 Years 2000m			
Boys	DOB	Girls	DOB

10 Years 2000m			
Boys	DOB	Girls	DOB

11 Years 3000m			
Boys	DOB	Girls	DOB

12/13 Years 3000m			
Boys	DOB	Girls	DOB



Blacktown PSSA Cross Country

AWD Competitors

- AWD Runners will compete in their age and gender race
- AWD Runners will start a metre behind the other competitors
- They will compete as a separate identity
- Each runner will be timed and the winners will be determined by a comparison against the standard time
- To meet the requirements of progressing to the State Carnival, runners will need to reach a qualifying time (see below)
- Individual entries sent directly to the convener as well as the Sydney West Office
- Categories and qualifying times are on the NSW PSSA Website

Age Divisions are the same as other athletes

Zones may send up to two (2) entries per age/gender division

Categories to be Eligible for Primary are: Intellectually Disabled – ID (T20), Hearing Impaired – HI (T01), Physical Impairment (PI) This will be restricted to Cerebral Palsy – CP 7 & 8 (T37 or 38) or Amputee T45 or 46 or Visually Impaired T 12 & T13

Disability Confirmation Documentation

T20 (Intellectual Disability) - [Disability Confirmation Form](#), completed by school counsellor

T01 (Hearing Impaired) - Competitors must have a current audiogram signifying a bilateral, sensori-neural hearing loss, the better ear being equal or greater than 55 decibels over 3 frequencies.

T12, T13 (Visually Impaired) - Classification forms are to be completed by an ophthalmologist and classification forms may be obtained by contacting Pat Downey from the Blind Sporting Association of NSW on Tel: 9638 7075.

T37, T38 (Cerebral Palsy) - Athletes with a physical disability are required to have a provisional/national classification. Visit the Australian Paralympic Committee (APC) website <http://www.paralympic.org.au> for more information.

T45, T46 (Amputee) - Athletes with a physical disability are required to have a provisional/national classification. Visit the Australian Paralympic Committee (APC) website <http://www.paralympic.org.au> for more information.

Qualifying Times

10 Years		11 & 12 years			10 years	11 & 12 years
2 km		2km			2 km	2 km
Hearing Impairment			Cerebral Palsy			
T01 B & G	12:00.00	12:00.00	T36 Girls	15:00.00	14:00.00	
Visual Impairment			T36 Boys	14:00.00	14:00.00	
T12 Girls	15:00.00	14:00.00	T37 B & G	14:00.00	14:00.00	
T13 Girls	15:00.00	12:00.00	T38 Girls	13:00.00	13:00.00	
T12 Boys	12:00.00	12:00.00	T38 Boys	12:00.00	12:00.00	
T13 Boys	12:00.00	12:00.00	Amputee			
Intellectual Impairment			T44 B & G	12:00.00	15:00.00	
T20 B & G	12:00.00	12:00.00	T45 B 7 G	12:00.00	12:00.00	
			T46 B & G	12:00.00	12:00.00	